

URBAN MRKT

March 24th – 28th

Dining Hours

Breakfast - 7:00a.m.-10:00a.m.

Lunch - 11:00 a.m. -2:00 p.m.

Grab & Go Available All-Day Monday 7am-Friday 2pm

Restaurant Associates

HOSPITALITY EXCELLENCE
PREMIER CLIENTS

BREAKFAST MENU	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SALAD BAR	Fresh Cut Fruit, Low Fat Yogurt, Granola, Selection of Bagels, Muffins, Danish				
MADE TO ORDER OMELETS	Create Your Own Omelet & Hashbrown Skillet				
CHALKBOARD GRILL	Buttermilk Pancakes Made to Order Breakfast Sandwiches Eggs (any style) Sides : Hash Browns, Bacon, Sausage Patties & Links				
KITCHEN TABLE	Hot Breakfast Bar Scrambled Eggs, Potatoes, Daily Special (Below), Vegetable, Pork Sausage				
	French Toast Bake with Pecans	Biscuits & Gravy	Quinoa & Eggs with Asparagus, Peas, and Herbs	Smokey Tofu Scramble with Garlic Chili Oil	Chilaquiles
LADLE	Classic Oatmeal Citrus Mango Grits	Classic Oatmeal Strawberry Coconut Grits	Classic Oatmeal Banana Chip Gritz	Classic Oatmeal Raspberry Lemon Grits	Classic Oatmeal Blueberry Bourbon Grits
GRAB & GO	Assortment of Ready-to-Eat Breakfast Sandwiches & Warm Breakfast Pastries				

LUNCH MENU	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHALKBOARD GRILL & SMASHBURGER	Smash Burgers, Grilled Chicken Sandwich, House-Made Veggie Burger, Chicken Tenders, JPMC Crispy Chicken Sandwich Sides : Fries, Onion Rings, Sweet Potato Fries, Carrots & Celery				
KITCHEN TABLE	<u>Nutritional Month Menu</u> Sauteed Wheatberry & Shrimp Roasted Poblanos with Lentils, Chorizo & Sweet Corn Wild Rice with Bacon Tri Color Quinoa Pilaf with Peppers (V)	<u>Italian Bistro</u> Vesuvio Style Potatoes & Peas (V) Garlic Broccolini (V) Chicken Vesuvio Pork Saltimbocca	<u>Mac & Cheese Bar</u> Carbonara Mac (VT) Three Cheese Mac Honey Garlic Pork Jerk Chicken Tenders Blistered Tomatoes with Herbs	<u>La Chino</u> Sticky Chipotle Wings Korean Chili Tofu Enchiladas Bulgogi Street Corn Fried Platanos	<u>March Madness</u> Tortilla Chips (V) Stewed Guajillo Black Beans (V) Cheese Sauce (VT) Chili Ancho Ground Beef Peppers & Onions
LADLE	Dublin Soup Roasted Red Pepper Smoked Gouda Turkey Chili	Tomato Basil Bisque Cream of Chicken with Rice Beef Chili	Seafood Gumbo Potato Leek Chicken Chili	Curried Lentil with Rice Chicken Noodle Pork Chili	Clam Chowder Italian Wedding Vegetable Chili (VT)
DELI	Made to Order Sandwiches Sides : House Chips, Coleslaw, Potato Salad, Pasta Salad, Carrots & Celery				
AL FORNO	Hand Tossed Pizza, Calzones, Lasagna, and Side Salads				
LA COCINA	Burritos, Bowls, Salads and Tacos				
STIR FRY	Mixed Vegetables, Choice of Rice or Noodle Base, Choice of Protein, Add a Sauce				
THE COUNTER	The Urban: Roast Turkey, Swiss, Bacon, Thousand Island, Coleslaw, Multigrain The Tuscan: Grilled Chicken, Provolone, Roasted Red Pepper, Spinach, Pesto Mayo, Ciabatta The Pilsen: Chicken Cutlet, Cheddar, Pepper Jack, Salsa Verde, Chipotle Mayo, Wheat Wrap The Scarface: Capicola, Salami, Ham, Provolone, Giardiniera, Her-Garlic Aioli, Tomato, Red Onion, Olive Tapenade, Sesame Baguette The Peppa: Breaded Pork Loin, Caramelized Onions, Yellow Mustard, Banana Peppers, Kaiser Bun The Greek Gyro (VT): Tomato, Red Onion, Cucumber, Artichoke, Black Olive, Arugula, Parsley, Feta, Pita Carved Sandwich Special: BBQ Pulled Pork Cheddar, Creamy Cole Slaw, Crispy Fried Onions, Sweet Pickles, Potato Bun				
BARBANZO	Build-Your-Own Mediterranean Bowls with Choice of Grains, Proteins, and Toppings				
SALAD BAR	An Array of Fresh Seasonal Vegetables with Toppings and Dressings				